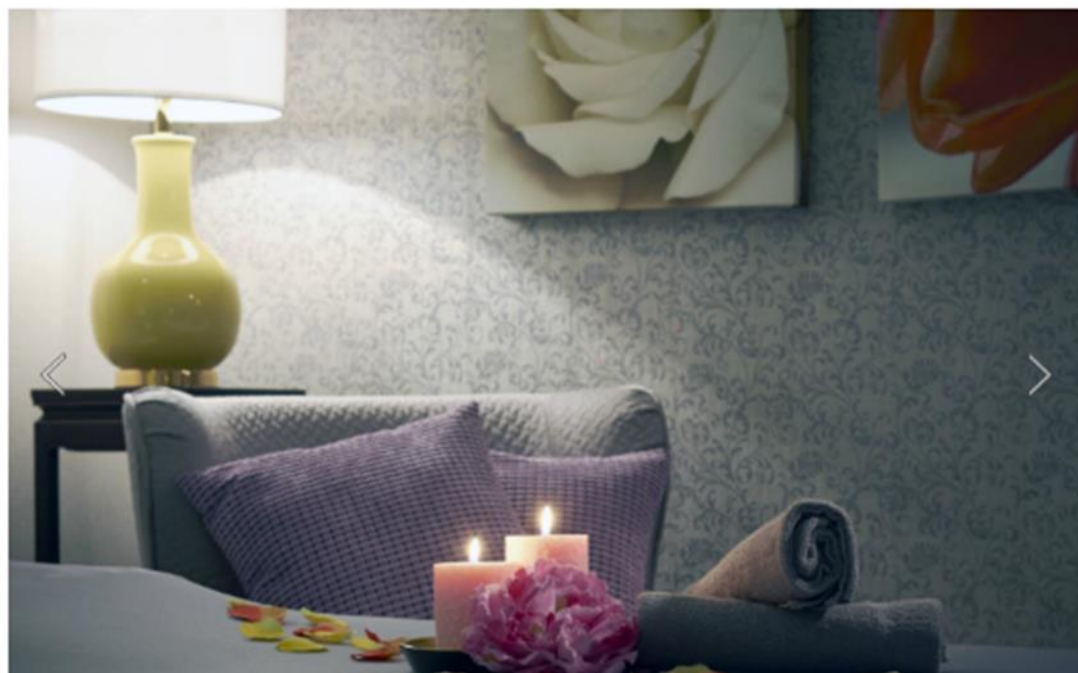


7 places to go for the best destressing massages and amazing facials in Singapore

Consider this your ultimate guide to the best relaxing spa spots in Singapore – all tried and tested by the herworldPLUS team

10 October 2016 by Cheng Jee Yan & herworldPLUS team



Best spa for massage & facials: Méthode Jeanne Piaubert, at TaraBliss Spa

Tucked away in a quiet corner of North Bridge Road, TaraBliss spa is indeed a hidden gem.

They offer a good range of facial treatments, and one of their star treatments is the Méthode Jeanne Piaubert lymphatic drainage face treatment. It is aimed designed to get your micro-circulation going and to drain the lymph nodes on your face, décolleté and neck that might be causing water retention.

The room was relatively spacious, dimly lit, and was warm without being too hot, making me feel comfortable very quickly. The masseuse started with basic cleansing, and went on to do some light extraction of my blackheads. After which, she massaged my face using the patented Méthode Jeanne Piaubert massage technique. It was quite a detailed pressure point massage all over the face.

She was very gentle, which made the whole process very relaxing, to the point where I actually fell asleep. The treatment wrapped up with a moisturising soothing mask. I liked how my skin looked after the treatment. It feel tight but not dry, and I could see a subtle glow from within.

I would recommend this place if you are are looking for a fuss-free perk me up facial for dehydrated and tired skin. – **Cheng Jee Yan, fashion writer**

Méthode Jeanne Piaubert slim face lymphatic drainage treatment (90 minutes), \$288++, exclusively at TaraBliss Spa. TaraBliss Spa is located at #05/06-00 Chan Brothers Building, 452 North Bridge Road. For full spa menu and reservations, [see here](#).